



# Spokesperson Panel



**Professor Tom Sanders**

*Nutrition and dietetics*

Tom was appointed to the Chair of Nutrition and Dietetics at King's College London in 1994. He has published over 250 scientific articles, supervised more than 16 PhDs and received over £10 million in research grants, and is a published author. Tom is also a frequent contributor to television and radio regarding food and nutrition matters.



**Dr Emma Derbyshire PhD, RNutr**

*Hydration for children, nutrition during pregnancy and motherhood*

Emma is a leading nutritionist and Senior Lecturer and Researcher in Human Nutrition at Manchester Metropolitan University. Her specialism is maternal nutrition, and has recently published a book entitled 'Nutrition in the Childbearing Years'. She has also conducted advisory work with both industrial and pharmaceutical companies, and is author of the Natural Hydration Council consumer factsheets.



**Professor Paul Gately PhD**

*Exercise*

Paul is the Professor of Exercise and Obesity at Leeds Metropolitan University and also founder and driver of the MoreLife programme (a recognised service provider by the Department of Health's Framework Agreement for Children's Weight Management). He graduated from Leeds Metropolitan University with a degree in sports science and has a Masters in Human Nutrition from the University of Sheffield. Paul has delivered over 200 keynote presentations and scientific publications and co-authored seven book chapters on health and diet. Paul has also contributed to a number of TV programmes on childhood obesity in the UK and the US and regularly makes contributions in the media.



**Linia Patel MSc Nutrition**

*Exercise*

Linia is a Nutrition Consultant on various public health schemes both in the UK and Internationally (Child and Adult Obesity Programmes and Nutrition in Emergency Situations). In addition she is a member of the British Dietetic Association. She has also been involved in developing Public Nutrition curriculums for the Open College Network. Linia began her professional career providing sport-specific nutritional consultancy services to recreational/elite level athletes and sports teams as well as working as a Clinical Dietitian in Cape Town.

